



Cusco's Office:
356 Plateros St. Cusco - Peru
Phone: +51 84 261640 - 224100 Telefax: +51 84 225562
reservas@manuadventures.com

Lima's Office:
569 Of. 203 - 28 de Julio Av. Miraflores Phone: +51 01 4454504
reservaslima@manuadventures.com
www.manuadventures.com | www.amazonecolodges.com

Ayahwasca Manu National Park

7 days / 6 nights

Our jungle shaman will offer the Devine drink to the participants on three non-consecutive days allowing each person to rest, meditate, walk with a guide on the trails and explore the jungle during this 7 day journey. Ayahuasca is not a drug, it is not addictive, it does not cause unbalanced states of hallucination, nor is there loss of consciousness. Feeling the effects of ayahuasca, is like dreaming, but with full awareness of the content of the images and emotions. That is, access to infinite information contained in our sub-conscious or spiritual world.

o DAY 1:

We will pick you up in our private minivan between 7:00 and 7:30am from your accommodation. We will make our way through Andean valleys and visit the pre Incan tombs of Ninamarca. We then continue to Paucartambo, a Spanish colonial town that hosts the Virgen del Carmen festival every 16th of July. Here we will visit the museum. We then make our way to the Acjanacu pass, which is the highest point of our journey and marks the beginning of the cultural zone of the Manu Biosphere Reserve. We then descend through the cloud forest which is home to the Cock of the Rock, the National Bird of Peru and other animals and plants such as the spectacled bear, a variety of birds, orchids and tree ferns. We will have a packed lunch at the entrance of the National Park. We will arrive at Orquideas de San Pedro lodge late in the afternoon.

o DAY 2:

Today we wake up early to observe the Cock of the Rock and their courtship dance. We return to Orquideas de San Pedro for breakfast. After breakfast we make our way to Pilcopata in our vehicle taking in the beautiful scenery of waterfalls and canyons (1). We make a brief stop in Pilcopata and then head to the Port of Atalaya. We have a packed lunch on our motorized, covered boat as we cruise for about an hour down the Madre de Dios River towards Erika Lodge. We arrive at Erika lodge late in the afternoon.



Cusco's Office:
356 Plateros St. Cusco - Peru
Phone: +51 84 261640 - 224100 Telefax: +51 84 225562
reservas@manuadventures.com

Lima's Office:
569 Of. 203 - 28 de Julio Av. Miraflores Phone: +51 01 4454504
reservaslima@manuadventures.com
www.manuadventures.com | www.amazonecolodges.com

Our Shaman will start the ceremony at 7pm.

- o Day 3: Free Day
- o Day 4: Free Day, Our shaman will start the ceremony at 7pm
- o Day 5: Free Day
- o Day 6: Free Day, Our shaman will start the ceremony at 7pm
- o Day 7:

We leave Erika lodge after breakfast by boat to Atalaya Port where the bus will drive us back to Cusco city; we have lunch on the way, arriving late in the evening.

Optional but included activities for the free days:

Your guide will explain the difference in the altitude ranges and their habitats and the diversity of wildlife found in the area. We board the boat for a 5 minute cruise then we will walk for approx 30 mins following a beautiful trail until we reach Machuwasi Lake. Here we can observe great egrets, tucanets, crested woodpckers, keskadees, cardinals etc. We will also take a short night walk to observe American Bullfrogs, horned frogs, tree frogs and an incredible variety of insects.

At Erika Lodge, our guests have the opportunity to to traverse from tree to tree and platform to platform using pulleys on horizontal traverse cables. You will sail through the tretops of the tropical rainforest conopy and over the trails far below. Our expert assit you in this exciting journey through the different sections of the rainforest and explain what is going on around you from the time you leave the ground until you rappel back down to the forest floor.

We board our boat for a 5min trip down the river to our parrot clay lick called "Collpa". Many species of parrot such as the blue headed parrot and the white-eyed parakeet feed for minerals and salts to supplement their diet of seeds and fruits.



Cusco's Office:
356 Plateros St. Cusco - Peru
Phone: +51 84 261640 - 224100 Telefax: +51 84 225562
reservas@manuadventures.com

Lima's Office:
569 Of. 203 - 28 de Julio Av. Miraflores Phone: +51 01 4454504
reservaslima@manuadventures.com
www.manuadventures.com | www.amazonecolodges.com

IMPORTANT: Manu National Park is not a malaria nor yellow fever endemic zone. If you wish to receive vaccinations against yellow fever we suggest that you do so 10 before the start of the tour.

SERVICES INCLUDED: Specialized and bilingual guide, Our Shaman, 1 night in Orquídeas de San Pedro Lodge, 5 nights in Erika Lodge, meals, (during this trip we will provide a special diet), first aid kit, all land and river transportation, guide for the Canopy Zip Line and required equipment.

SERVICES NOT INCLUDED: Breakfast and water for the first day, tips, souvenirs, dinner on the last day

THINGS YOU SHOULD BRING ALONG ON A TRIP TO MANU

Binoculars

Camera

Warm clothing, long sleeve shirts and long pants (cotton) wide brim hat and sun glasses for sunny days

100% waterproof rain gear (long poncho or rain wear)

Insect repellent (at least 40% DEET)

Swimming suit

Personal hygiene products and medicines for 7 days

Day pack and back pack or duffel bag

Sunscreen

Hiking shoes and sandals

Flashlight or headlamp

Towel